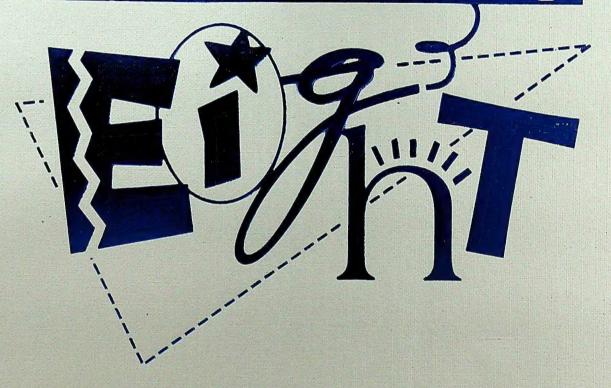
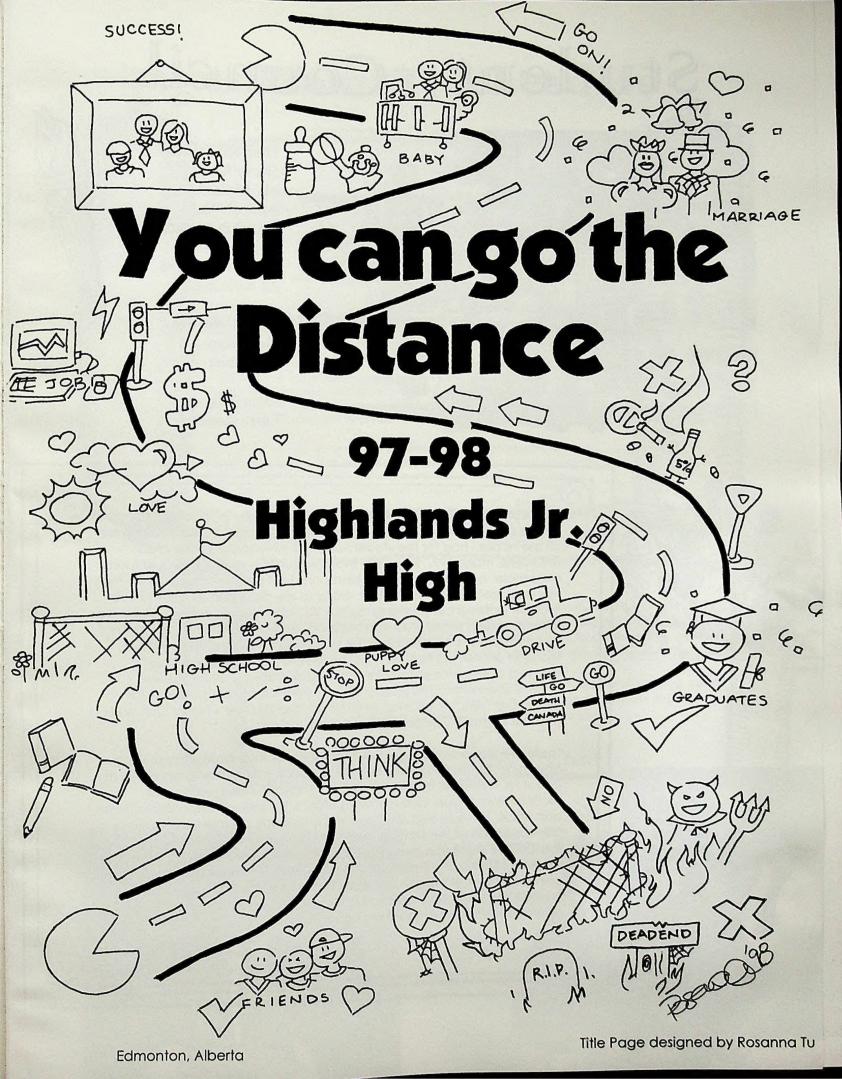
nineteen ninety



HIGHLANDS



Student Council



From left to right, Sherry Raab Ms. McPhail Ashleigh Taske Crystal Pidhaichuk Andrew Blakely Tyler McDermand Ria Berezanski

Brianne Wheeler Nicki Poppe Ms. Wilson

Karen Ridgway Tanya Stewart







I remember sitting in my home room on my last day in grade 8, reflecting on the past year and dreaming of the year to come. I clearly remember all the hopes I had for the student council: how I would, if elected president, make 1997-98 a year that the students and staff would fondly remember; how I would be the best president that Highlands Junior High has ever elected. Unfortunately, many of my dreams and hopes never made it beyond the planning. But my first and most important desire was fulfilled. Thanks to the staff and students, and a small friend I like to call "acclamation", I was elected the student council president. Even though I did not achieve all that I wished for, the student council enjoyed a very successful year. We had six dances, many student council sponsored fund-raisers. Several memorable events also took place; the French club's trip to Quebec, the Ski Club's trip to Canmore and the Grade 9 Celebration.

There are numerous people I wish to thank for their assistance and cooperation, but to avoid having the yearbook committee jump down my throat for taking up too much space, I'll mention only a few: Miss McPhail, Miss Wilson, and Cathy Krusillbrink for their contributions of time and effort; Mr. Buffi and Ms Cooper for their wise counsel and advice; the remainder of the staff for their patience and willingness to assist. To the 1997-98 student council executive members, the room representatives, and the student body, I wish to express my sincere gratitude for your support. An effective student council depends on trustworthy leadership, and you have given your whole hearted cooperation. My sincere thanks to you all.

Brianne Wheeler 1997-98 Student Council President



Messagres From 7The Leaders

Going the Distance

Success is defined by some individuals as going the distance. It is usually the result of achieving a cherished dream or a goal that was set a long time ago. Part of feeling successful is the personal fulfillment of the challenges that were overcome along the journey to accomplish their goal.

Successful people visualize their goal or dream and are able to attach characteristics to describe what it would look like when they achieve it.

To attain their goal they do some research as to what is needed to achieve it. They develop a plan or a series of plans to reach the goal. This is usually done by making short term and long term plans to be implemented in stages.

Along their journey they develop a positive attitude which assists them in overcoming obstacles which may appear and are not planned for. Sometimes plans and goals need to be revisited to accommodate changes along the way but the major focus on the dream is not eliminated. Perseverance and a commitment to learn, seek out assistance and accommodate change serves them well.

Lastly knowing when one has arrived and achieved the goal or dream one needs to celebrate that success and share what one has learned from that journey with others. This may be in the form of assisting others to establish dreams, provide mentorship or guidance as required for others to become a success as well.

I find it very appropriate that our students have chosen heroism and determination as the focus of this yearbook. Today's world of rapidly changing technology coupled with the demands placed on young people today requires everyone to look at themselves and ask the question "Can I go the distance?" This also leads to the question "How will I get there?"

Determination is the key to reaching many of our goals. Setting goals and making a plan for success has become a way of life at Highlands. I know that the majority of our students will go the distance and become heroes in their own lives.

Mrs. Coopes





Teaching

Staff

Mr. Buffi Ms. Cooper Mr. Dalton Mr. Delong Mrs. Homer

Mr. Janish Mr. Kozak Mrs. Logvynenko Mrs. Maier Miss McPhail

Mrs. Meadows Mrs. Newsham Mr. Radmanovich Mrs. Richards Mr. Shandro

Mr. Wells Mrs. White Ms. Williams Miss Wilson





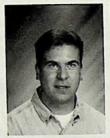


































Support















Staff

Mrs. Boyden Mrs. Dimarco Mrs. Dube Mrs. Gyurek

Mr. Freude Mr. Meunier Mrs. Rivera Mrs. Stachniak











Grade 9 Candids





















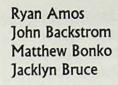


















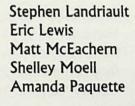












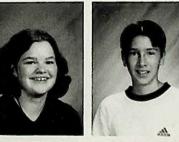








Crystal Raab Jon Schreiner Amber St. John Nate Tasker Lacey Tremain





Tim Truong **Brianne Wheeler** Matthew Wickenheiser Marie Worme



A voice keeps saying This is where I'm meant to be

Eliseo Alfaro Larry Brown Robin Bruneau Shileah Cook 9**B**





















Dustin Hill Lisa Hui Amber Kostyniuk Jeffrey Laplante Sonya Larocque











Robert Lupul Vanessa Maiko Sean Mcewen Ricardo Menjivar Nearint Neam











Sy Nguyen Tiffany Pollard Angela Schoonderbeek Tanya Stuart Jacob Thomas











Baodang Tran John Tran Mindy Trendall Kent Tu Jennifer Walters











I can go the distance
I will find my way

Steve Woywitka













Shane Bendera Joana Bogas Vimal Chandra Brenan Dimotoff-Long



















Amy Herity Stephen Ho Petal Hutchison Misty Jones Keri-Ann Kozmak





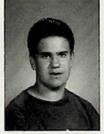




Stephanie Kozuchowski Tait Lawton Harry Maclennan Serina Marchesi Craig McCartney









Mitchell Miller Kelly Olsen Kristena Owen Joey Pino Nicole Poppe



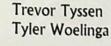






Kyle Sargent Crystal Sham Matt Siwiski Natasha Teufeld Rosanna Tu





If I can be strong
I know every mile
Will be worth my while

Wendy Beck Lacey Bennett Andrew Blakely Jeannie Boily **9D**









Jennifer Carter Renee Charette Steven Chu Colleen Dumont Olivia Fong







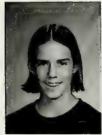


John Frederick Brandan Hamilton Alicia Houwing Scott Ingram Michelle Johnson











Stephen Lundin Amanda Mackenzie Jamie McCartney Sarah Messershmidt Trevor Miller























Austin Shek Sarah Smith Lieu Tran Jesse Trusz Stephanie Tyler











Thang Ung

When I go the distance
I will be right where I belong



Grade 8 Candids

























Misty Armstrong Keith Backstrom Jennifer Cameron Sara Campos-Silvius





















Scott Hamilton Erin Jackson Leejay Lawrence Dennis Ma Onice Mejia











Guy Miller Veronica Neuman Ashley Nilson Blake Olsen Joelene Sheeler











Lindsay Stebbings Jason Strome **Dennis Tang** Sam Tu Jonathan Varga











Ryan Williams



Down an unknown road to embrace my fate









Natasha Bandura Tho Banh Diana Cao Varun Chand























Julie Inthapagna Sana Jutt Nicolas Lathe Meryl Lawton **Brooklen Lewis**











Kyla Mclean Chelsea Melia Ronny Moc Natalie Nowicki Andy Olszewski











Mandy Reid Maureen Sen **Jeffrey Strome** Veera Thephasouvanh Anna-Marie Weir



David Young



It might take a lifetime But somehow I will see it through

Lorissa Billey Amanda Bootsman Clayton Chenoweth Kyle Franzen











Misty Fraser Ron Gault Danny Horta Peter Jerrard Paul Kuperus















































I won't look back
I can go the distance











8D

Margo Boily Samuel Bonko Crystal Brouwer Justin Cormier



















Lawanda Lake Justin Loveland Tyler Mcdermand Chad McIellan Tyler Newton











Sarah Ngo Jason Ollie Matthew Pelley Ann Pham Crystal Pidhaichuk











Ryan Richards Amy Shostak Dany Sung Thuan Sutherland Marina Tran



Lisa Vu



I will stay on track
No I won't accept defeat

Brian Bzdel Randy Franczak Vanessa Gregg Krista Hakanson

Opportunity Group 1





































I won't lose hope Till I go the distance and my journey is complete













Opportunity
Group 2



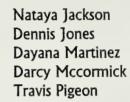






















Kyle Roberts Lucille Schock Melissa Simaeys Jodie Stackhouse Justin Toth-Wolanski



Janet Vuong









A hero's strength is measured by his heart

Victor Chen Richard Cyr Ben White

Lisa Francis Crystal Grant Pardeep Kalay Danny Lam

Wayne Monkman Danny O' Dell Shawn Poetz Khyia Sillannpaa Nick Ursulak

Sara Weaver Ken Zuk Adam Campbell Wayne Dearing

Armando Flores Justin Funk Barrett Mc Intyre Martin Tran Darcy Willier

Adaptation





























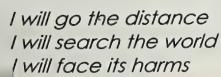


















Grade 7 Candids

















Alicia Alfaro Marvin Barrera Candise Benan Mathew Bendera **7A**













































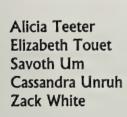






















John Zammit

I can go the distance I will find my way









Christopher Achtymichuk Iralee Anderson Lisa Bang Nikki Bjornson

































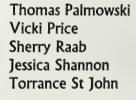






















Ashleigh Tasker Christopher Thomas Editha Tu Jennifer Va Kyle Zelenko

If I can be strong I know every mile Will be worth my while Jennifer Beckman Jorden Blair Sabrina Boulianne Henry Chu **7C**





















Sokha Im Kevin Jackson Sean Mangal Andrea Mercredi Steven Monteith











Blake Myette Shannon Olsen Daniel Plamondon Amanda Rouire Michael Semeniuk













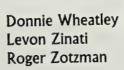


















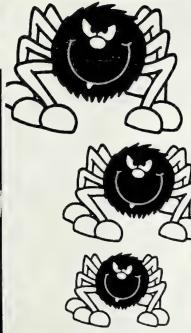
When I go the distance
I'll be right where I belong

Halloween















Highlands' Olymnpics



















Adopt A Grandparent







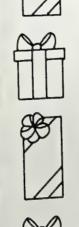














Look at what's

















happening























Yearbook Staff

Left to Right: Miss Williams (advisor) Misty Armstrong, Kristena Owen, Crystal Pidhaichuk, Rosanna Tu, Keri-Ann Kozmak, Vanessa Maiko, Crystal Sham, Alicia Howing, Crystal Raab, Jackie Bruce (in tree)















ग्रावाययाययाययायया .

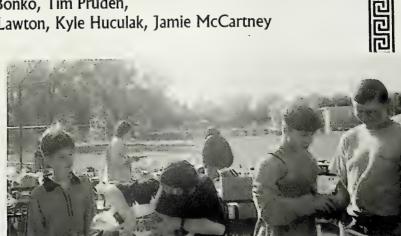
French Club

Back row: Michelle Johnson, Dina Dumonceaux, Randi Enright, Amy Herity, Lacey Bennett, Trisha Hearn, Wendy Beck

Middle row: Madame White, Anna-Marie Weir, Sarah Smith, Brianne Wheeler, Stephanie Kozchowski, Keri-Ann Kozmak, Jackie Bruce, Tom Fjellstrom Front row: Mademoiselle Williams, Amy Shostak, Tiffany Fauvel, Laura Gillespie,

Erin Jackson, Sam Bonko, Matt Bonko, Tim Pruden,

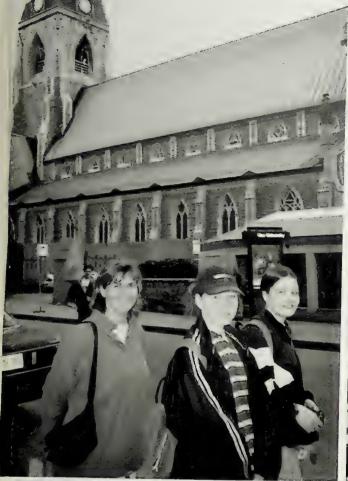
Absent: Andrew Blakely, Meryl Lawton, Kyle Huculak, Jamie McCartney











Quebec











Tour '98







0

0

DRAMA CLUB

Back row: Crystal Pidhaichuk, Steven Chu, Iralee Anderson, Andrew Blakely

Middle row: Sara Campos-Silvius, Shelley Moell, Any Shostak, Natalie Nowicki,

Raju Dhariwal

Front row: Miss McPhail, Jamie McCartney, Brittany Taylor, Laura Gillespie, Karen

Ridgeway, Tiffany Fauvel, Meryl Lawton, Harry McClellan, Jenn Carter











Drama Department

The Dazzling Diamond Caper

by John Murray

Cast and Crew

(alphabetical)

Iralee Anderson
Misty Armstrong
Andrew Blakely
Sara Campos-Silvius
Steven Chu
Raiu Dhariwal

Raju Dhariwal Tiffany Fauvel Laura Gillespie Meryl Lawton

Harry McClellan Natalie Nowicki Crystal Pidhaichuk Karan Ridgway Amy Shostak Brittany Taylor Joana Bogas Jen Carter

Jamie McCartney Shelley Moell Kira Paran Ms. McPhail Mr. Parker

Bellhop 1/Props mistress

Mr. Masterson

Mrs. Parker/Bellhop 2

Tom Butler

Hotel Guest/Lights

Ms. Flannery, detective

Jane Simmons

"Freddie" Silver/Bellhop

3/Makeup

Mr. Finley/Sound design

Helen Maxwell

Ms. Johnson/costumes

Cindy/Props

Betty Plant/Technical Support

Marion Costumes

Stage Manager

Stage Manager

Lights

Make up/running crew

Director









Highlands' Warriors





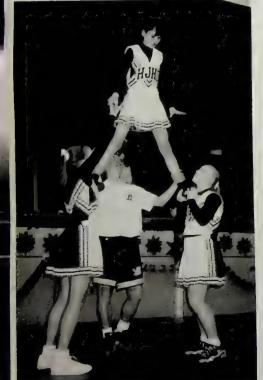
Highlands Cheer Team

Back row: Tim Brommeliad, Vicki Price, Jessica Shannon, Lisa Francis, Jennifer Beckman, Stephanie Shek, Ms. Wilson

Middle row: Anna Taylor-Haas, Lindsey Stebbings, Veera Thephasouvanh, Austin Shek, Armando Flores, Sabrina Bouilanne

Front row: Carla Touet, Shileah Cook, Sherry Raab, Erin Jackson, Amanda Bootsman, Rosemarie Trach



























Highlands' Boys Soccer Team

Back row: Mr. Janisch(coach), Baodang Tran, Scott Ingram, Paul Kuperus, Kyle Huculak, Thang Ung, Michael Ha, Jesse Trusz, Martin Tran, Veera Thephasouvanh.

Front row: Dennis Jones, Tim Duong, John Tran, Jason Guimaraes, Ricardo Menjivar, Matthew Bonko, Sean Sapera.

Highlands' Girls Soccer Team

Back row: Mrs. White(coach), Serina Marchesi, Saleema Khan, Crystal Raab, Nikki Poppe, Kristena Owen, Vanessa Maiko, Alicia Houwing, Nataya Jackson, Ms. Wilson(asst. coach).

Front row: Kira Paran, Karen Ridgeway, Misty Fraser, Michelle Johnson, Randi Enright, Colleen Dumont, Sherry Raab, Catherine Lynch.

Missing: Tricia Orgill







Senior Girls' Volleyball Team

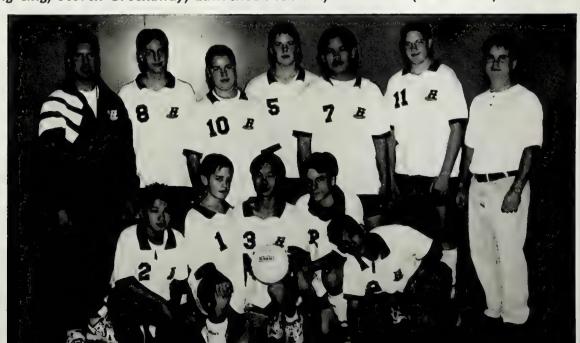
Bottom row: (Left to right) Rosanna Tu, Lacey Bennett, Randi Enright, Crystal Sham.

Top row: (Left to right) Mrs. Newsham (coach), Shelley Cromwell, Serina Marchesi, Vanessa Maiko, Colleen Dumont, Crystal Pidhaichuk, Crystal Raab, Saleema Khan, Keri-Ann Kozmak, Editha Tu, Ashleigh Tasker.

Senior Boys' Volleyball Team

Bottom row: (Left to right) Baodang Tran, Lee Gates, Sy Nguyen, Nate Tasker, John Tran.

Top row: (Left to right) Mr. Radmanovich (coach), Tim Pruden, Derrick Gates, Thang Ung, Steven Greenaway, Lawrence McClure, Mr. Kozak (asst. coach).









Senior Girls' Basketball Team



Bottom row: (Left to right) Lacey Bennett, Editha Tu, Sarah Smith, Randi Enright, Serina Marchesi.

Top row: (Left to right) Mrs. White (coach), Vanessa Maiko (manager), Rosanna Tu, Keri-Ann Kozmak, Kira Paran, Michelle Johnson, Crystal Raab, Saleema Khan, Colleen Dumont (manager).





Senior Boys Basketball Team

Back row: Mirron Ram (Ass't coach), Paul Kuperus, Nicholas Lathe, Derrick Gates, Thang Ung, Tim Pruden, Lawrence McClure, Jonathon Schneider

Front row: Von Lopez, Ken Houle, Matthew Bonko, Sam Bonko, Andrew Blakely, Anish Prakash, Lileesh Gopal









LAKE LOUISE SKI TRIP













Softball Team

Back Row: Jason Bootsman (helper), Mr. Kozak (coach), Matt Bonko, Michael Griffin, Chris Dunlop, Nate Tasker, Steven Greenaway, Tim Pruden, Mr.Delong (coach)

Middle Row: Mrs. Newsham (Ass't Coach), Danny Odell, Jonathon Schneider, Clayton Chenoweth, Lacey

Bennett

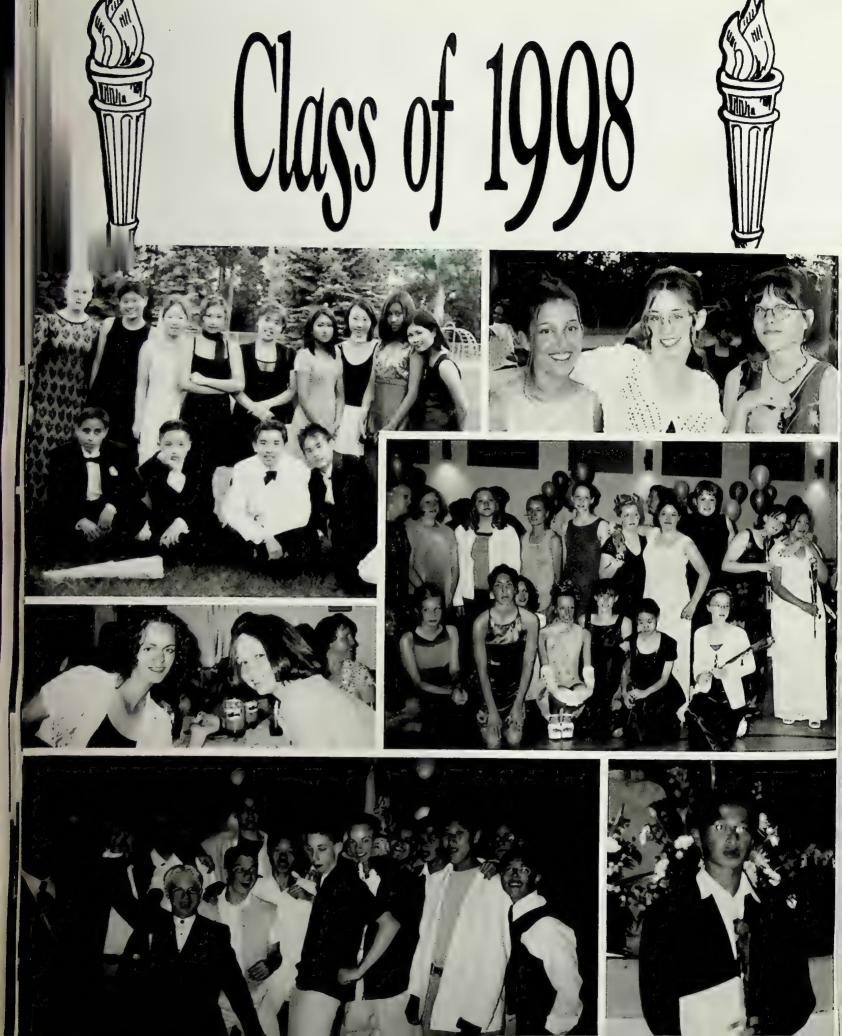
Front Row: Michell Johnson, Colleen Dumont, Randi

Enright,

Missing: Lawrence McClure







Valedictorian Speech

Good evening students, parents and teacher. Well, this has been the end of a long year and now with examinations looming up on all of us, we fully appreciate that it is almost over. With the support of teachers, friends and parents, we have become more mature, hopefully, and have prepared ourselves for the next 3 years. We all know how the teachers have tried to scare us with all those wonderful lectures about what is soon to come. I know a lot of people who are having doubts about high school. But when all things are said and done, I'm sure we will all come out of it just fine, with a lot more friends, heaps of knowledge, and a good idea of our dreams and goals for the future. Because really, have the teachers been that bad? They've taught us the basic knowledge that will lead us on, and added in those extra little tips that I know we all love so much. Then of course, we have our friends. The "great for the laugh", "always there for your" friends. Could we really live without them? Probably, but we wouldn't want to try. They are what make the day better. Between Mr. Shandro's wonderfully preserved organisms in a bottle, and Mrs. Homer's grammar booklets, imagining a school day without friends is like going a day without one of the lunchroom's cheeseburgers. I know all of us would rather do something with them instead of doing homework, and occasionally that's the case. But we have worked hard in these past years and I know it shows. You take away the friends, and there goes the support and humour that is needed to make your day a brighter one.

Looking on into the future, a lot of hard work and achievement is what's seen. But at the same time, knowledge, success, and a lot of more friends are also there. High school is the time to truly prepare for the future, and to recognize what interests you and what you will want to do for the rest of your life. There is also time to discover more about yourself and to see what you are like. In all, high school is a time to look forward to, to welcome. Highlands has prepared us and the last 3 years haven't been horrible. I mean we have the best president, and hey, can a school that gives away free Backstreet Boys tickets be that bad? By the way, only 80 more days until the big concert. In this class, we have future business people, a scientist of 2, maybe a premier, and hey, Seinfeld did leave a spot in comedy open. There are endless possibilities to explore that every one of us have a chance to discover.

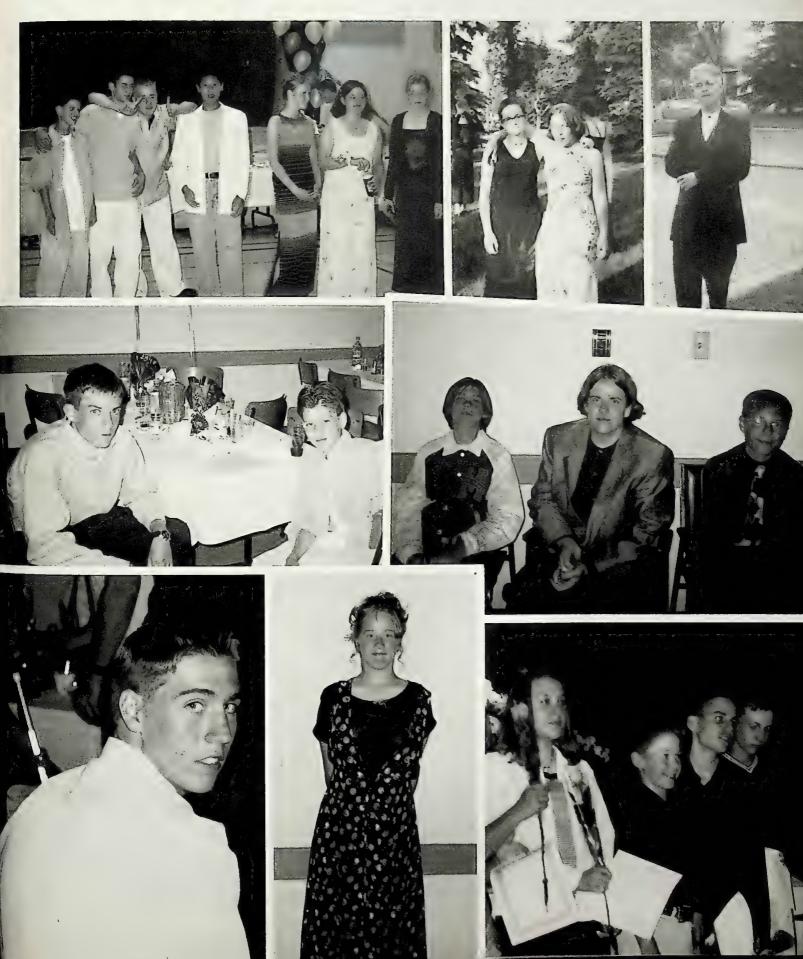
With the theme, "Will you remember me?" the question can definitely be answered yes. No one will be able to forget Highlands, and the great teachers, friends, and memories we have all had here. I hope you all enjoy the rest of your evening, including the dance, and try not to let Ms. Williams or Mrs. White get too many pictures of you. They do tend to get a little camera happy.

By Michelle Johnson

Will You



Remember Me?







CELEBRATION















THE WINNER IS ...

Art

TOP OUTSTANDING ACHIEVEMENT IN CORE SUBJECTS

Math	
Grade 7 S.	avoth Um & Kevin Jackson
Grade 8	Sam Tu & Lisa Vu
Grade 9. The Nick Tk:	ichuk Trophy
Language Arts	
	Ashleigh Tasker
Grade 8	Karen Ridgeway
Grade 9. Phyllis Olcho	wv Memorial Award & \$100
Bursary	Matt Bonko
Science	
	Edmund Ngo
Grade 8	Natalie Nowicki
Grade 9, Andrew Price	
0	rvstal Sham & Matt Bonko
Social Studies	
Grade 7	Edmund Ngo
Grade 8	Sam Bonko & Sarah Ngo
Grade 9. The Pat Daw	son Trophy
	Crystal Sham
Physical Education	
	Editha Tu, Kevin Jackson
	Kira Paran, Sam Bonko
Grade 9	
Randi Enright & La	cey Bennett, Shane Bendura

HONORS...

	Grade 7	
Lisa Bang	Marvin Recinos	
Jennifer Beckman	Barrera	
Henry Chu	Spencer Strap	
Linh Da Nguyen	Ashleigh Taske	
Lee Gates	Brittany Taylor	
Kevin Jackson	Alicia Teeter	
Keith Jackson	Editha Tu	
Ruth Kjenstad	Rachel Tyler	
Edmund Ngo	Savoth Um	
Sherry Raab	Jenniter Vu	
	Kyle Zelenko	

TOP OUTSTANDING ACHIEVEMENT IN NON CORE SUBJECTS

Art.	
Grade 7	Sokha Im
Cirade 8	Sana Jutt
Grade 9	Eliseo Alfaro
Construction Te	chnology
Grade 7	Lee Gates
Grade 8	Brad Goerz
Grade 9	Thang Ung
Drama	
Grade 7	Cathy Lynch & Vicki Price
	Amv Shostak
Grade 9 T	itlany Fauvel & Matt McEachern
Drama Opportun	ity Mathew Burns
Foods	
Grade 7	Editha Tu
Grade 8	Sam Bonko
Grade 9	Robert Lupui
Fashion	
Grade 7	Alicia Teeter
The Mary Costig	
Forestry	
Grade 7	Savoth Un
Grade 9	
French	
Grade 7	Edithu Tı
Grade 8	Sam Bonko & Diana Cao
Grade 9	Sarah Smith

ley	Ashley Nilson
nko	Natalie Nowicki
	Andy Olszewski
ong	Kira Paran
ng	Ann Pham
en	Crystal Pidhaichuk
espie	Karen Ridgway
rd	Jonathan Schneider

Grade 8

Laura Gillespie	Karen Ridgwa
Peter Jerrard	Jonathan Schr
Henry Kha	Amy Shostak
Paul Kuperus	Dennis Tang
Dennis Ma	Sam Tu
14.01	Line Vin

awtence McCime	Lisa va
Ronny Moc	Anna-Marie Weir
Cyler Newton	David Young

Sarah Ngo

Lorissa Bil

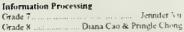
Samuel Bo

Diana Cao

Pringle Ch

Newton Fo

Kyle Franz



Grade 9 Kent Tu. Nate Tasker, & Crystal Sham Mechanics

Jenniter Vu

Brad Goerz Grade 8

Service Option Jacklyn Bruce Grade 9.

Tourism Petal Hutchison Grade 9

SPECIAL RECOGNITION AWARDS

Outstanding Achievement in Opportunity Class Melissa Simaeys

Monarchist League Award & Bursary Justin Loveland

Robert Lupul Anne Coultman Trophy

Top Students' Council Member

Crystal Pidhaichuk

Top Athletic Award ... Tim Pruden & Michelle Johnson Service to the Library Ruth Kjenstad

The Elmer Breitkreuz Trophy

The Hal Fricker Memorial Award & \$100 Matt Bonko Bursary.

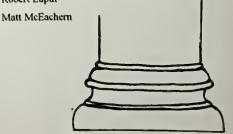
The Norm Jaques Trophy. Rosanna Tu

Grade 9

Lacev Bennett Sy Nguyen Andrew Blakely Kelly Olsen Matt Bonko Trisha Orgill Vimal Chandra Tim Pruden Steven Chu Crystal Raab Crystal Sham Olivia Fong Derrick Gates Sarah Smith Lisa Hui Nathaniel Tasker Lieu Tran Michelle Johnson Kent Tu Stephanie Kozuchowski Rosanna Tu Thang Ung

Tait Lawton

Robert Lupul



























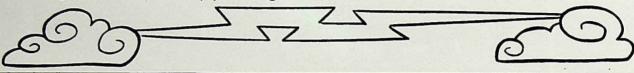


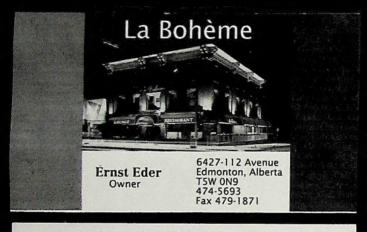


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Owner

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